Wyoming Psychological Association
2016 Fall Conference
Continuing Education for Mental Health Professionals

Current Topics and Emerging Issues in Psychology and Mental Health

10 WPA CEs for Full Conference

October 1 and 2, 2016
Fairfield Inn & Suites by Marriott Cheyenne
1820 West Lincolnway
Cheyenne, WY 82001
307-640-0401
**Conference Agenda**

### Saturday October 1, 2016

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<tbody>
<tr>
<td>7:15 – 8:00 am</td>
<td>Registration/Continental breakfast</td>
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<tr>
<td>8:00 – 8:15 am</td>
<td>Opening remarks</td>
</tr>
<tr>
<td>8:15 – 10:15 am</td>
<td>Post-traumatic Stress Disorder in Adults: Diagnosis and Treatment</td>
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<tr>
<td>10:15 – 10:30 am</td>
<td>Break</td>
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<tr>
<td>10:30 – 11:30 am</td>
<td>Fundamentals of Neuropsychological Assessment in Concussion and Neurological Disorders</td>
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<tr>
<td>11:30 – 1:00 pm</td>
<td>Lunch &amp; WPA membership meeting</td>
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<tr>
<td>1:00 – 2:30 pm</td>
<td>Continue Fundamentals of Neuropsychological Assessment</td>
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<tr>
<td>2:30 – 2:45 pm</td>
<td>Break</td>
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<tr>
<td>2:45 – 4:15 pm</td>
<td>Continue Fundamentals of Neuropsychological Assessment</td>
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<tr>
<td>4:30 – 6:00 pm</td>
<td>WPA Executive Council Meeting</td>
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<tr>
<td>6:30 – 8:00 pm</td>
<td>Reception and Student Research Project Judging</td>
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**6 WPA CEs**

### Sunday, October 2, 2016

<table>
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<tr>
<td>7:15 – 8:00 am</td>
<td>Registration/Continental breakfast</td>
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<tr>
<td>8:00 – 10:00 am</td>
<td>Internet Safety for Youth</td>
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<tr>
<td>10:00 – 10:15 am</td>
<td>Break</td>
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<tr>
<td>10:15 – 11:15 pm</td>
<td>Continue Internet Safety for Youth</td>
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<td>11:15 – 12:15 pm</td>
<td>Wyoming Medicaid Updates</td>
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**4 WPA CEs**
Post-traumatic Stress Disorder in Adults: Diagnosis and Treatment

Rebecca Bailly, Ph.D.

Given that exposure to traumatic experiences occurs in at least half of the U.S. adult population (and much more frequently in nations in conflict), mental health clinicians should make consideration of trauma-related disorders a routine part of screening and assessment.

Awareness of effective intervention is also crucial since negative consequences associated with untreated PTSD can be serious and potentially life-threatening (e.g., development of co-morbid mental health conditions including drug and alcohol abuse, increased risk for suicide, and greater risk for development of medical illnesses). In this workshop, participants will achieve an overview of diagnostic considerations and two evidence-based treatment approaches for PTSD in addition to awareness of resources available to clinicians treating PTSD in adults.

After attending this workshop, participants will be able to

- Identify DSM 5 diagnostic criteria for PTSD in adults and outline assessment procedures and special considerations;
- Understand key components of evidence-based cognitive-behavioral treatments for PTSD (Prolonged Exposure therapy and Cognitive Processing Therapy);
- Identify resources for consultation, education and training for treatment of PTSD.

Dr. Bailly earned her Ph.D. in Clinical Psychology from the University of Wyoming in 1993. In her career, she has been in private practice and taught for several years in the Clinical Psychology graduate program at the University of Wyoming. She worked as a civilian psychologist with the Air Force at F.E. Warren AFB. There she became familiar with military culture and evidence-based treatments for PTSD (including Prolonged Exposure, Cognitive Processing Therapy, and Stress Inoculation Training) and served as the Program Manager for the Alcohol and Drug Awareness Prevention and Treatment program.

At the Cheyenne VA Medical Center, Dr. Bailly is the PTSD and Substance Use Disorder Specialist and participates on the PTSD Recovery and DBT Clinical Teams, working in both outpatient and residential mental health. Dr. Bailly also serves as a national VA Training Consultant for Prolonged Exposure therapy for PTSD. Her professional interests include evidence-based psychotherapies for PTSD, anxiety, and depression; co-occurring mental health and substance use disorders; supervision and professional development; and treatment with military and veteran populations. She is a member of the International Society for Traumatic Stress Studies (ISTSS).
Fundamentals of Neuropsychological Assessment in Concussion and Neurological Disorders

Jim English, Psy.D., ABPP-I

The goal of this presentation is to provide the psychologist and mental health practitioner with information which provides a basis for identifying, screening and managing referrals for persons with suspected concussion, mTBI and dementia syndromes. The rationale for this approach is that these are not infrequently encountered referrals in clinical practice as awareness of these conditions increases in the community—particularly for head injuries and neurologic disorders. Emphasis of the program will be on describing the phenomena of concussion and mTBI with some attention to dementia syndromes. Methods for assessing these conditions with both screening instruments and comprehensive neuropsychological approaches will be discussed. Assessment practices for adults, injured workers and veteran populations will be covered. Caveats from clinical neuropsychological practice related to these populations and injury cases will be presented.

Learning objectives for this session are as follows:

- Be able to define the acute injury characteristics of concussion;
- Understand the expected recovery curve following concussion and mTBI;
- Identify the primary cognitive changes seen in mild to moderate traumatic brain injury;
- Identify the presumptive mechanism(s) of injury in mild to moderate traumatic brain injury;
- Be able to define Mild Neurocognitive Disorder (MCD);
- List the 4 subtypes of MCD identified in recent research;
- Identify the best concussion screening instruments for psychologists/providers in clinical practice;
- Identify base rates for symptom magnification and poor effort in brain injury cases.

Dr. English attended the University of Wyoming majoring in Psychology. His graduate work included the University of CA, Berkeley (MSW) & University of Denver (Psy.D) with an APA Internship at Walter Reed/Bethesda National Medical Center, Washington DC. He finished his Post-Doctoral training with Brooke Army Medical Center and the Academy of Health Sciences, San Antonio, TX. During the first Iraq War (1991) he was assigned as Chief of Psychology, Brooke Medical Center, where he prepared Mental Health teams of reservists from around the country to deploy during Operation Desert Shield/Storm. He was later the first Psychologist selected to command an Air Deployable Hospital with an Air Guard Unit retiring as a Colonel.

Dr. English was on staff at Benefits Health Care, Great Falls, MT for 20 years working with neurology, performing the Wada Test for epilepsy surgery and seeing cases of TBI. He now is in private practice in Helena and serves on the MT Board of Psychologists and previously on the Board of Veterans Affairs. He helped develop Medical Practice Guidelines for injured workers (including Traumatic Brain Injury) along with medical specialists.
Additionally, Dr. English has worked with veterans referred by the VA since 2009. He is dual boarded with a Diplomate, American Board of Professional Psychology (Clinical) and The American Board of Professional Neuropsychology. He is a Fellow of the National Academy of Neuropsychology. He has professional publications in Archives of Clinical Neuropsychology, Epilepsy and Behavior and most recently in Applied Neuropsychology (2015). He has been admitted as an expert witness (neuropsychology) and has testified or been deposed in Federal Court, Montana District Court and in Colorado on numerous occasions.

Internet Safety for Youth

Amanda Turlington, Psy.D.

Technology is changing fast as are the potential related dangers. Video games, smart phones, streaming media, and ever changing trends often create a sense of disconnect when it comes to advising children and families about safe boundaries and healthy use. As clinicians, we need to keep up to date on risky online behaviors, illegal activity, and preventative measures to increase the safety of the youth we interact with. Understanding sexual development, the role of pornography, and the risks associated with various online behaviors will be address to increase applicable knowledge that can be utilized in, and out, of the clinical setting.

Participants will be able to
- Identify high risk sites that are currently known to increase the risk of sexual abuse;
- Identify the role of child pornography laws as applied to clinical practice in Wyoming;
- Identify sexual harm in a virtual world.

Dr. Amanda Turlington is an independent licensed Clinical Psychologist in the State of Wyoming. Specializing in working with individuals who engage in sexual misconduct or commit sexual offenses, primary services include Psychosexual Evaluations, Parental Capacity Assessment, and Psychological Evaluations across the State of Wyoming. A current full Clinical Member of the Association for the Treatment of Sexual Abusers (ATSA), Dr. Turlington is passionate about educating individuals to prevent sexual abuse in all forms, including those that occur via technology.
Wyoming Medicaid Updates

Ms. Brenda Stout

Ms. Stout of the Wyoming Department of Health, Medicaid program will give updates on the Behavioral Health Medicaid Rate Study for Mental Health Providers and Community Mental Health/Substance Abuse Treatment Centers. Other topics will include changes to the Medicaid Behavioral Health program such as Applied Behavioral Analysis for children with Autism Spectrum Disorder, implementation of cap limits for the behavioral health services and other budget reductions that may affect the behavioral health providers. Other areas may be discussed at that time.

Ms. Stout is the Wyoming Medicaid Behavioral Health Program Manager for the Wyoming Department of Health’s Division of Healthcare Financing. She received her bachelor’s degree in psychology from the University of Wyoming. She has been with the Wyoming Department of Health for ten years with work experience in pharmacy services, mental health and substance abuse treatment, policies and program implementation, and management of the outpatient behavioral health rehabilitation services. She is a member of the Behavioral Health Advisory Council.
Cheyenne, Wyoming

Wyoming's capital city embodies the spirit of the Old West. It is considered the nation's rodeo and railroad capital, and is home to a variety of museums, historic hotels and mansions, a collection of steam engines, western-themed attractions and shopping, and resorts and ranches.

But there is more to this iconic destination than just boots and spurs: With a thriving art community, a variety of soft adventure opportunities nearby, and an eclectic selection of shopping and dining options, Cheyenne offers travelers an experience that is truly unique.

Cheyenne has a multitude of cultural and recreational opportunities. Its Civic Center hosts a theater season, numerous productions and the Cheyenne Symphony Orchestra. The downtown’s renovated Union Pacific Depot houses offices, a restaurant, and a transportation museum. During the summer months, the Depot Plaza is the location...
for concerts, the Farmer's Market, pancake breakfasts, and more. The parks system is the envy of many similarly sized communities.

Conference Venue – Fairfield Inn and Suites Southwest

Fairfield Inn & Suites Cheyenne Southwest Downtown Area is a brand new hotel with thoughtfully designed guest rooms and suites with plenty of room to work and relax. The hotel offers clients the charm and ambience of a western property with the amenities of a modern hotel. Situated at the junction of I-25 and I-80, it is minutes from downtown, the state Capital, museums, and restaurants, Cheyenne Frontier Days, Microsoft Campus, Warren Air Force Base and the Union Pacific Historic Train Depot. Spread out in our vibrant lobby, with spaces to gather, relax and work. Jump-start each day with our free hot breakfast. You'll always find the courteous service you deserve, plus all the little things you expect from Fairfield Inn & Suites.

Map  Directions

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<tr>
<th>Fairfield Inn &amp; Suites Cheyenne Southwest/Downtown Area</th>
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<tr>
<td>1820 West Lincolnway</td>
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119.00 USD per night plus 10% tax

Book your group rate for Wyoming Psychological Association

Group rate available until August 31, 2016

Registration Options
Please complete the registration form below and mail with check to
Wyoming Psychological Association, P.O. Box 332, Cheyenne, WY 82003

or

for online registration and payment, visit http://www.wypsych.org/index.php/conference/

or

contact us at 307-220-8212, wypsych@yahoo.com
WPA 2016 Fall Conference Registration Form

Full Conference Registration
(October 1 and 2, 2016)

- WPA member $250
- Non-member $285
- Student $100

Saturday, October 1 Only
- WPA member $175
- Non-member $210
- Student $60

Sunday October 2 Only
- WPA member $100
- Non-member $100
- Student $50

After Sept. 30, add $25

Continental breakfasts, lunch on Saturday, and breaks are included. Cancellations receive full refund until September 30.

Information for name badges and CE certificates
Please print clearly

Name: ________________________________________
Title/Degree: _________________________________
Addr. 1: ________________________________________
Addr. 2: ________________________________________
City: _______________________________ State: _________ ZIP: ________________
Email: _________________________________________
Phone: ________________________________